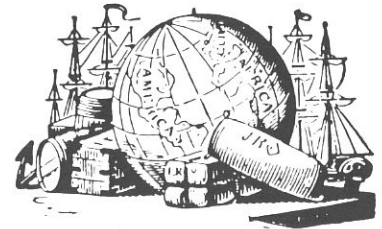


# GAUZETTE



Vol. VII No. 5

Naval Hospital Boston, Chelsea, Mass. 02150

September 1973

## NAVAL HOSPITAL BOSTON TO CLOSE DOORS DECEMBER 1974

Chief of Naval Operations Message 200 125 Z dated in April 1973 advised of a shore establishment realignment plan and listed activities approved for disestablishment. Naval Hospital Boston, Chelsea, Mass. was included among the activities listed for disestablishment.

The date established for final disestablishment is 31 December 1974. Since the announcement, plans have been projected to permit an orderly phase-down of the hospital's functions and still continue patient care to the maximum degree permitted as personnel manning and funding constraints permit.

It is projected that inpatient care will gradually be contracted into Building 22 to conserve personnel resources, with concomitant contraction of Outpatient Services depending upon manning levels and other intangible circumstances.

It is planned to continue outpatient care until May 1974 and continue inpatient services in June 1974. No patients are scheduled for admission after June 1974.

Thus the referenced message set in motion a sequence of events which will result in disestablishment of a Naval medical institution which has been in continuous service since 1836.



present photo of main building

## Chaplain's Corner

### 4TH OF JULY

Almost 200 years ago the signers of the Declaration of Independence spelled out for all the world to see the direction future Americans would take. Liberals and humanitarian reformers up to that time had never seen the likes of that forward and foreseeing document. Imagine, declaring independence and then recognizing that all men are equal and are invested with certain inalienable rights.

Much has happened in the U.S. since that signing. As anyone can plainly see, not all the lofty ideals were immediately put into practice. Signing a paper, stating a position, establishing a philosophy and then abiding by it are two different things. Civil rights legislation, for example, has done much to bring about the ideal signed for. No one can legislate moral conviction. That the letter of the law be complied with is enforceable by the courts. That the spirit . . . no way. Goodwill alone will bring this about.

As soon as all mankind, as soon as all Americans, recognize and respect the value and dignity of each and every human being, then and only then, will prejudice, discrimination and bigotry be dissipated and the high-sounding phraseology of the Declaration be a reality.

Chaplain John M. O'Brien



LCDR Billings presents the Command's appreciation plaque to LCDR O'Brien prior to his leaving this duty station

## Sailor of the Month —

HN Rick Hopper of Ward G was the recipient of the Sailor of the Month award for March. Rick comes from El Paso, Texas where he entered the Hospital Corps of the Naval Reserve. Prior to assignment here, he attended Hospital Corps School in San Diego, California. Rick, who plans to continue his education at the University of Southern Texas after getting out of the Navy, enjoys Boston's nightlife and excitement and appreciates its location in relation to beaches, mountains, NYC, and the nation's Capital.

Personal interest in patients is one of the qualities Rick exhibits that goes beyond routine nursing care. When a good listener is needed, a letter needs writing, or a trip to the exchange would help a patient out, Rick is there. This attitude is exemplary. Keep up the good work.



## Editors Note

This will be the last issue of the Gauzette in present format. From time to time there may be a brief newsletter from this office. There will, however, be an "Auld Lang Syne" issue coming up some time in the future, prior to the decommissioning date. The souvenir issue will contain photos, names and a history of the oldest Naval hospital. Many will want to keep this issue as a memento of time spent at this hospital.

## Man behind the scenes



William E. Walsh of the Fiscal and Supply Division is this month's man behind the scenes. Bill, as he is known around the hospital, is really not behind the scenes at all—driving the truck that makes deliveries to all departments of the hospital. Bill, a veteran of twenty years in the U.S. Army, resides in Quincy with his wife and three children; a fourth child is married.

June of this year will mark Bill's tenth year of employment at Naval Hospital Boston. He enjoys this job because he is "helping out—getting supplies to people who treat patients." In this way, the welfare and care of the patients is a constant concern of Bill's. Good will means a lot to Bill Walsh—a job done without it is not completely done.

## Military Promotions

Just A Few Of The Many...



James Boswell was promoted to Lieutenant after finishing medical school. Kathleen Berry was promoted to LTJG, NC. Awards presented by Captain Alspach.

**"I'M FINE"**

donated by,

**FISCAL AND SUPPLY DIVISION**

There's nothing whatever the matter with me,  
I'm just as healthy as I can be.  
I have arthritis in both my knees  
and when I talk, I talk with a wheeze.  
My pulse is weak, my blood is thin,  
But I'm awfully well for the shape I'm in.

My teeth will eventually have to come out,  
And my diet I hate to think about.  
I'm overweight and I can't get thin,  
My appetite is such, that it is sure to win.  
But I'm awfully well for the shape I'm in.

Arch supports I have for my feet,  
or I wouldn't be able to cross the street.  
Sleep is denied me night after night,  
And every morning I am a sight.  
My memory is failing — my head is in a spin.  
I'm practically living on aspirin.

The moral is, as this tale we unfold,  
That for you and me who are getting old,  
It's better to say I'm fine with a grin,  
Than to let them know the shape you're in.

How do I know my youth has been spent,  
Because my get up and go — got up and went.  
But in spite of all that I'm able to grin  
When I think of where my get up has been.

Old age is golden I've heard it said,  
But sometimes I wonder as I go to bed.  
My ears in a drawer, my teeth in a cup,  
My eyes on the shelf till I get up.


As sleep dims my eyes I sayeth to myself,  
Is there anything else I should lay on the shelf.  
But I'm happy to say as I close my eyes,  
My friends are the same as in days gone by.

When I was young my slippers were red,  
I could kick my heels right over my head.  
When I grew older, my slippers were blue,  
But I could still dance the whole night through.

Now I am old. My slippers are dark,  
I walk to the corner and puff my way back.  
My reason? I know my youth has been spent.  
My get up and go — got up and went.  
But I really don't mind when I think with a grin,  
Of all the places my get up has been.

I get up each morning — dust off my wits,  
Pick up the paper and read the daily obits.  
If my name is not there, I know I'm not dead.  
So, I eat a hearty breakfast and go back to bed.

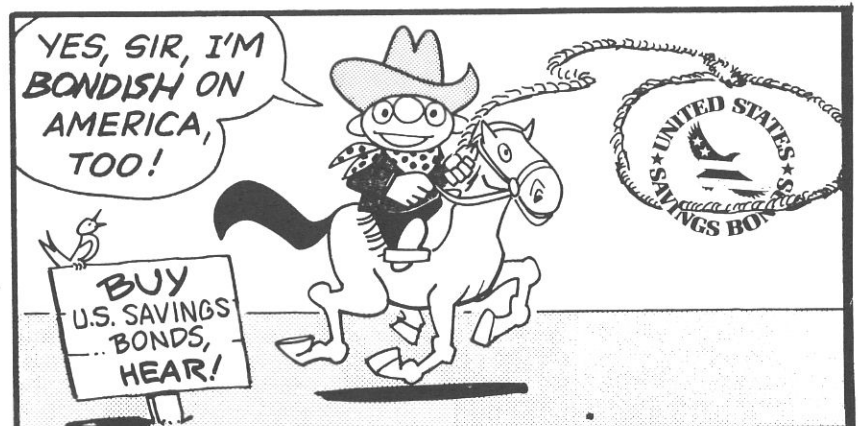
**THE  
MARINES  
WANT THEIR  
GOOD MEN  
TO STAY.**


**Civilian News****CIVILIAN AWARDS/PRESENTATIONS**

Letter of appreciation to the maintenance department.



Letter of appreciation to the Bedford V.A. hospital for our use of their neuropsychiatric facilities.







Awaiting instructions



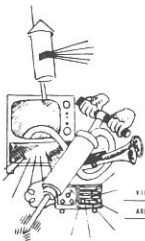
This crew was in charge of policing the Northwest segment.

## ECOLOGY TICKET

NAVAL HOSPITAL BOSTON  
CHELSEA, MASSACHUSETTS



## ECOLOGY TICKET



- Visual Pollution ☐  
Air Pollution ☐  
Water Pollution ☐  
Noise Pollution ☐  
Safety Pollution ☐

VIOLATOR: \_\_\_\_\_  
AREA: \_\_\_\_\_

CITATION



Date

Ecology Officer

## ECOLOGY DAY

In mid-April comes a day when many of the hospital staff—civilian, military,— and patients, have an afternoon off from routine duties to attack the hospital grounds with rakes, shovels, and trash bags.

Captain Sanders headed up the operation this spring with approximately 40 personnel. LCDR Wilder organized the work force into eight teams, each assigned with proper equipment, to a particular area of the compound. Public Works operated many of the trucks that picked up the piles of leaves and trash bags left by the work teams. Aside from trash, many interesting items were found, ranging from a test tube full of blood to a ten dollar bill. The orthopaedic technician staff was so enthusiastic in the project that Dr. Musser had to walk the hospital grounds to find a corpsman for his department.

Following the clean-up, hot dogs, potato chips, and soda was provided for a get-together in the Red Cross Building. The most exciting event was the raffle drawing for prizes and holidays.

The command would like to commend each department that could spare a man to take part in this worthwhile ecological project — a job well done!



Rewards of the Day — a full bag of trash



Yes, the Command said, anyone could participate in Ecology Day.



Fiscal and Supply Div. stands ready and waiting with shovels in hand.



"Batten down the hatches" and throw your junk into the back of the truck





Hot dogs and soda were served at the Red Cross.



Much debris was thrown from the Mystic River Bridge.



Someone put this guy in his own trash bag.



You'd be surprised at what you could find.



Everyone was armed with tools of all shapes and sizes.



Captain Sanders' (center) crew police the front of the hospital.



Mike Todd found himself a pair of checked pants during the clean-up.



And who's going to win the three-day pass???



Many of us were too tired for recreation.



... LCDR Jim Wilder

## FOURTH ANNUAL SPRING SYMPOSIUM

The Fourth Annual Spring Symposium entitled "A Forward Look in Medicine" sponsored by the Naval Hospital Boston, Chelsea, Mass. was held on 16, 17 and 18 May 1973.

The Symposium included Medical, Dental and Nursing programs which were being carried on simultaneously at three different areas of the Hospital, the Main Auditorium, Conference Room Main Building and the Bachelor Enlisted Men's Quarters conference room.

There were ninety papers presented by distinguished representatives of all fields of medicine with some of the most distinguished moderators in the country. Over five-hundred and fifty persons registered for the meeting.

The Symposium was opened by the Commanding Officer, Scott G. Kramer, Captain, MC, USN who introduced the guest speaker for opening remarks RADM William J. Jacoby, Jr., Medical Corps, USN, Chairman, Internal Medical Service, National Naval Medical Center, Bethesda, Maryland.

Limitations of funding restricted travel for many past attendees and for medical exhibits, however, there were thirty-

three commercial exhibitors who added to the success of the entire program.

The success of the program was due to the total cooperation of all the committees and particularly to the efforts of the co-chairman, Captain J. M. Young, Chief of Medicine and CDR Walter L. McLean, Chief of Pediatrics.

The Nursing Service again produced their own unique, independent program, even surpassing their excellent performances in the past symposiums. The success of their program was emphasized by the exceptional constant high attendance at all sessions by a large number of nurses, both civilian and military, from the local area as well as the hospital's staff.

Thursday evening, a Consutant party was held for approximately three-hundred guests at the Officer's Club which was hosted by the Commanding Officer and his wife. CDR and Mrs. John Musser are to be complimented on the success of the affair.

The Officer's Wives Club must also be complimented for their contributions and assistance in providing the hospital's table for the symposium.



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1. Nurses gathering for coffee between lectures.
2. The Nursing turnout was overwhelming.
3. Julianne Peters was one of the moderators for the Symposium.
4. The Cleft Palate team presents a case.
5. The Red Cross Hut hosted all the various drug and medical exhibits.
6. Two Doctors examine a new product.
7. RADM Jacoby gives the opening speech.
8. Oysters were served at the consultants party.
9. There are only two MSC's left.
10. "What's a nice girl like you doing at a party . . ."



3



2



## PHYSICAL MEDICINE

### *Physical & Occupational Therapies, Speech Pathology and Therapy*

Many final results of medicine and surgery are achieved only after the follow-up treatment received in one of the branches of Physical Medicine and Rehabilitation. As one of the orthopaedic surgeons stated recently, "Our surgery is only as good as the after care which the patients receive in therapy." Stationed at the Naval Hospital Boston is one of the two psychiatrists serving in the Navy, Dr. Joseph Meerschaert. His expertise in the rehabilitation field is responsible for the important after care and most direct form of treatment to meet the needs of the patient. The physician following the patient monitors the progress and medical problems that might arise while the patient is undergoing therapy.

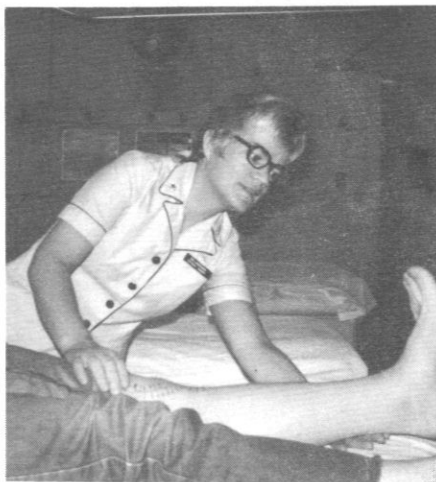


Dr Meerschaert explains principles of hand dynamics to the OT/PT students from a nearby college.

Physical Therapy is a medical discipline based on a thorough knowledge of anatomy, physiology, physics, and kinesiology to correctly assign a therapeutic exercise to balance and increase the stability of the body and to co-ordinate these body movements in all aspects. The result is an increased efficiency in the musculoskeletal system.

Many physical agents are employed to prepare the musculoskeletal system for exercise. Infrared heat, moist hot packs, whirlpool, paraffin, ultrasound are a few of the thermal techniques used for application of heat. The hydrotherapy forms are also used in treatment of burn patients — for debridement and general cleansing. Cryotherapy is another modality in P.T. and is the application of cold packs or ice as a therapeutic primer for other exercise programs.

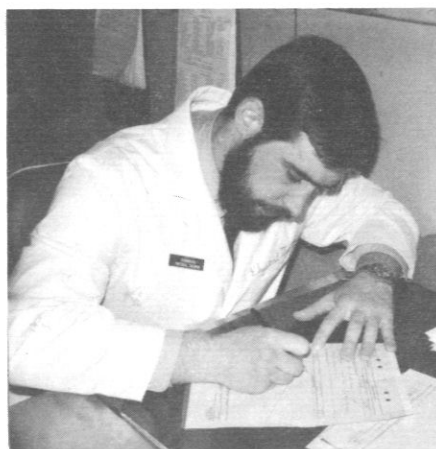
An important area covered by the P.T. Department is that of respiratory therapy — chest P.T. It is a prophylactic form of treatment to patients with pulmonary diseases, and used post-operatively to prevent pneumonia. Before surgery proper breathing is taught and



LCDR Underwood instructs knee exercises

these exercises become a mainstay with deep breathing and coughing after surgery. Physical measures such as percussion and vibration are used to augment position of patient to assist with clearing the lobes of pulmonary secretions.

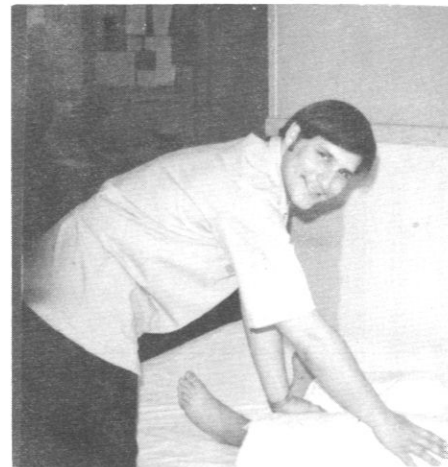
LCdr. Judy Underwood heads the Physical Therapy Department and LT Fred Schomberg is the other registered physical therapist in the department. Both are presently enroller in courses teaching new techniques of neuromuscular facilitation. This dynamic approach to therapeutic exercise provides the basis for the weekly inservice training now underway in the OT-PT departments. Too, LT. Schomberg is presently attending the OT-PT Training Institute, Teaching Collaborative Approaches to Evaluation and Treatment of Patients with Central Nervous System Deficits at the Sargent College of Allied Health Professions, Boston U.



LT Schomberg carries out some of the much needed administration

Just a few of the disabilities covered in Physical Therapy are prosthetic training, spinal cord and nerve injuries, hemiplegia, multiple sclerosis, respiratory diseases, head injuries, and various types of orthopaedic injuries.

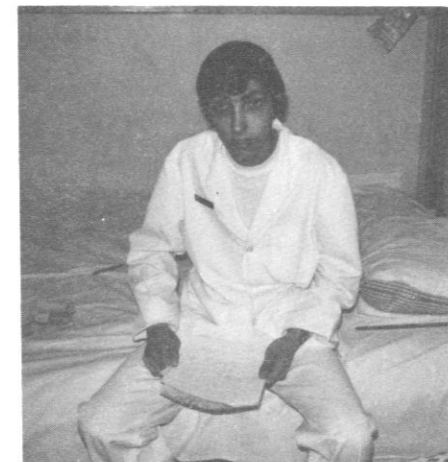
Completing the Physical Therapy department are the technicians: HM3 David Bradley and HM3 Larry Snyder; and HN John Fontenot, an on-the-job trainee. HM3 Bradley recently completed a seminar course at the University of Buffalo for the new techniques and applications of chest P.T.



HM3 Larry Snyder applies hot-packs



HM3 David Bradley maintains equipment between patients



HM John Fontenot receives on-the-job training

Occupational Therapy is a therapeutic tool to increase or restore man's ability to function in the event of any type of dysfunction, whether congenital or acquired. The two major divisions of specialty in O.T. are psychiatry and physical disabilities. In psychiatry, an activity or craft may be used as a basic medium for communication between therapist and patient permitting expression whether verbal or nonverbal. It is from this basic communication that the therapeutic relationship continues. Recently the Alcoholic Rehabilitation Unit began to meet on a weekly basis for group therapy. Here, the therapeutic group process facilitates personal growth as the men take part in structured activities in human relationships. With personal gain, the total ARU experience may become more beneficial to the individual.

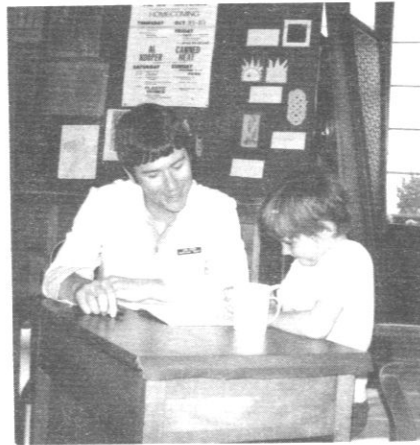


LTJG Paul Petersen constructs a dynamic hand splint

The physical disabilities area trains a patient to facilitate muscular harmony and living skills from disabilities and injuries. Included here are energy saving devices, adaptive equipment, therapeutic exercise, and splinting for hand and peripheral nerve injuries. The goals are muscular strength and control, range of motion, eye-hand coordination, hand dexterity, and work tolerance.

A new program in perceptual motor evaluation and training has been sponsored in O.T. by the Pediatric Clinic. Presently, the majority of clients with perceptual difficulties are related with learning disability referrals. Perceptual immaturity is not always the cause of learning disability but may play a part. According to LTJG Paul Petersen, head of Occupational Therapy, each treatment must be tailor-made through a thorough evaluation to meet individual needs of each patient. When asked which approach he preferred, he replied, "Anything goes."

Occupational Therapy has come a long way since its beginnings and now can play part of the rehabilitation team, helping a variety of disabilities such as congenital hand abnormalities, support of the chronically ill patient, blindness, peripheral nerve injuries, perceptual motor dysfunction, head and spinal injuries, hemiplegia, cerebral palsy, and psychiatric patients.



HM2 Larry Zachow trains a child in perceptual motor skills

Working with LTJG Petersen in Occupational Therapy is HM2 Larry Zachow, a PT-OT technician. Zachow, Snyder, and Bradley are all cross-trained physical and occupational therapy technicians-NEC 8466. The Navy schools for PT-OT technicians are located in Bethesda and Oakland. The courses include seven months of classroom didactics and four months of clinical affiliation at one of seven major Naval hospitals. As a result of the training received in the Navy, technicians are certified with the American Occupational Therapy Association as Assistants. A program is presently in legislation to get similar certification with the American Physical Therapy Association.

Speech Pathology and Therapy is another important area of rehabilitation. Speech is the understanding and expression of a language system. This is a symbol system controlled by roles by which thought is conveyed. As a department, it is interested in the acquisition of our communication system, deviation from the norm, and prevention of future difficulties. Disorders of communication include the following: articulation (speech sound errors), laryngeal (vocal fold disorders and resonance — nasality), rate (timing feature and melody of speech utterances is atypical), and language—receptive (can't establish word object reference) and expressive (labelling problems and/or oral language formulation).



Bob Beacher from Speech Pathology

Due to the variety of problems, the speech therapist serves a population which includes: parents of pre-school cleft palate children enrolled in a program toward acquisition of emergent speech and language skills; children, adults, and senior citizens with problems in language, voice and/or understanding language contingent to hearing loss. Treatment of a communication handicap consists of a diagnostic evaluation, upon which a program is constructed. This may include a home program, parental involvement and direction, and/or direct therapy.

Speech Pathology is located in Building 81 on the second deck. The staff includes Charlotte Carlson, Bob Beacher, consultant Dr. Maxwell, and a numerous assortment of graduate students from Emerson College.

In conclusion, the modern process of rehabilitation is best based on the team approach with the education and cooperation of all disciplines. Physical Therapy, Occupational Therapy, Speech Pathology, Social Worker, and the Rehabilitation Nurse all make up the major roles in the rehabilitation process with emphasis on interdisciplinary communication between members to insure the filling of every possible gap in patient care. Some patients receive treatment from only one discipline while others may receive treatments from two, or more areas. Each therapeutic regimen may build upon the progress the patient makes totally, and eliminate excessive, overlapping, and isolated treatments. Keeping the patient and his particular problem in mind, the team approach assures his receiving the utmost in treatment care.



Two summer reservists HM3 Rick Moore & HM3 George McIntyre



All the nurses from Wakefield-Melrose Hospital receive their rehab. training here in PT and OT

## Softball Begins at Naval Hospital Boston

The *First Naval District Softball team* has entered a class A fastpitch league in Wakefield in preparation for the Naval Championship tournament. After a slow start, losing 3-1 and 5-4 in extra innings, the team has turned around winning 15-9 and 3-2, to even the record.

The team is a combination of personnel from the Fargo Building, Naval Shipyard, ships in port, and Naval Hospital. After six days of tryouts, a team was organized and practice was scheduled for 3-4 days a week. Players from the Hospital are; Chief Ostrander (pitcher), LTJG Larry Sieble (shortstop), and LT Nazzaro (first base). A game is scheduled between the best Hospital team and the First Naval District Team in the near future. The spoils: a keg of beer.

The *Hospital team* began late this season, and a result was not able to join a league. Instead, they have picked up games in a challenge fashion. They won a game with Boston Frozen Foods, and lost one to AFEES, the local draft board. Some of the members on the team are; Fred Schomburg, Larry Snyder, Paul Petersen, Tom Contraras, Paul Leavy, Dave Shaw, Mark Generales, Joe Thum, Hugh Grey, Jack Cooffie, Bob Jackson, Denny Mohler, Chuck Archer, and Steve Sherry.



The *Nursing Service* has recently put together a team of Nurses and Corpsmen. The season is young, and their schedule is just beginning to grow. Challenges are open to anyone. Some members are; Paul Henderson, Paul Humphrey, Bob Bisquit, Arleen Frey, Eilien Scott, Jean Rhodes, Dick Kelly, Smitty Pryzbyciel, Mike Seator, Tom White, and Larry Cheybourn.

By Larry Snyder

For The  
Good  
Times



## Sailor of the Month — June



HM1 Fred Overly is presently administrative assistant in the staff personnel division. He has been in the Navy since 1961 and Boston has been his home port ever since. He was in Scotland for a while attached to the USS HUNLEY (AS-31), and served in Vietnam in the late sixties.

Originally from Indiana, Fred and his wife, Patricia, and daughters make their home in the local area. As a history buff, Fred finds that Boston, with its early Americana, offers a fine source of historical intrigue. He enjoys constructing scale models and solving strategic games.

Fred feels that you get out of the Navy what you put into it. His long range goal is to pursue an academic hospital administration course and apply for the Medical Service Corps, working in health care administration.





## "Army Reserve Self-Help Paints Red Cross"

—Recently the 114th Personnel Service Unit under the Command of Major Maurice O'Connor successfully completed the interior painting of our Red Cross Building under the guidance of the Public Works Officer Lt. D. N. Barbour. The Commanding Officer presented the unit with a Letter of Appreciation for the fine work performed by his men. Prior to this project the interior area of the Red Cross was very dark and dismal. Through the use of brighter colors, the Red Cross Hut is now a bright and cheery area where the hospital patients and staff can go for recreation and to work on projects. The new face lifting also had a significant effect on the morale of the Red Cross workers and patients. Without the efforts of the 114th Personnel Service Unit, it would have been several more years before our local forces would have been able to paint the interior. Well done, Army Reserves.—

D. N. BARBOUR

## Military Surgeons 80Th Annual Meeting

Emphasizing the theme, "Federal Medical Prospectives for Peace," medical departmental officers and civilians of the Armed Forces, Veterans Administration, and Public Health Service will convene for the 80th annual meeting of the Association of Military Surgeons of the United States, to be held at the Sheraton-Park Hotel, Washington, D. C., on November 25-28, 1973, Lieutenant General Hal B. Jennings, Jr., the Surgeon General of the United States Army and President, Association of Military Surgeons, has announced.

Brigadier General Robert Bernstein, Commander, U. S. Army Medical Research and Development Command, Washington, D. C., is General Chairman for the meeting, and Colonel Francis C. Cadigan of the same command is the Assistant General Chairman.

Chairman of the Program Committee is Brigadier General Surindar N. Bhaskar, Director of Personnel, Office of the Surgeon General, United States Army, Washington, D. C., and his Assistant Chairman is Colonel Frederick C. Biehusen, Special Assistant for Medical Corps Affairs, Washington, D. C.

The conference will include exhibits and a film program as well as scientific meetings.

The Porter Lecture will be given by Edward O. Harper, M.

D., Assistant Dean, Western Reserve University School of Medicine, Cleveland, Ohio.

Brigadier General Thomas J. Whelan, MC, USA, will render the Sustaining Membership Lecture.

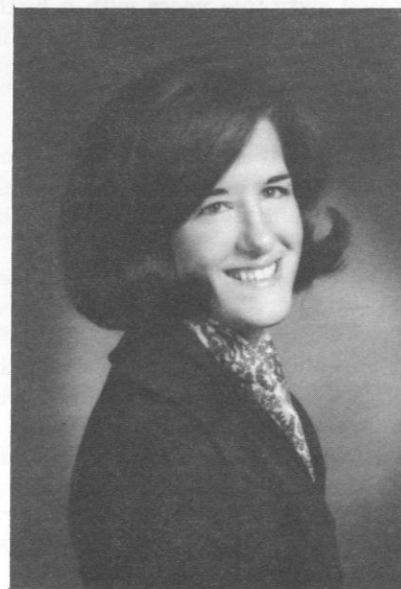
There will be other outstanding speakers and panels on the Scientific Program, emphasizing the theme "Federal Medical Prospectives for Peace."

The Association of Military Surgeons of the United States is the Society of the Federal Medical Agencies, devoted to the advancement of all aspects of federal medicine; professional, administrative, and health care supporters within the federal medical agencies, including the Uniformed Services reserves. It was organized in 1891 and chartered by Act of Congress in 1903. Its annual meetings bring together the leaders and practitioners in all aspects of federal medicine.

Membership in the Association is open to all health services officers and civilians (Gs-9 and above) of the five Federal Medical Services, including physicians, dentists, nurses, medical administrators, pharmacists, veterinarians, and medical specialists.

Personnel interested in joining AMSUS may obtain information and applications from CDR Fowler in the Administrative Office.

## Girl of the Month Ens. Pat Watson



Miss Pat Watson, a nurse on Plastic Surgery Ward H, is the girl of the month. ENS. Watson has been stationed at Naval Hospital Boston for about six months. She enjoys outdoor sports, cooking, and dancing. Quiet and understanding, Pat has a ready smile for those she meets and is an asset to the nursing staff of the hospital.



AFPS

## NURSE CORPS BALL

In early May, the Navy Nurse Corps at Naval Hospital Boston celebrated sixty-five years with a birthday party at the Officer's Club. Guests at the fete enjoyed hors d'oeuvres and other refreshments; a trio provided music for dancing. A highlight of the evening was the cutting of the birthday cake by Captain Maxine Conder and Ensign Kathy Anderson.

The party, honoring years of service and dedication in the Navy Nurse Corps, was one of many held at Navy commands all over the world. Decor at the party included photographs of on-station nurses in their working situations. With the end of another year, the Nurse Corps not only celebrated the passing of another birthday, but heralded the year to come.



Cutting the cake are Capt Scott Kramer, CO, Capt Maxine Conder, Ens Kathy Anderson & Capt Roger Alspach, XO



LTJG Sieble & LCDR Hudson co-ordinate the affair



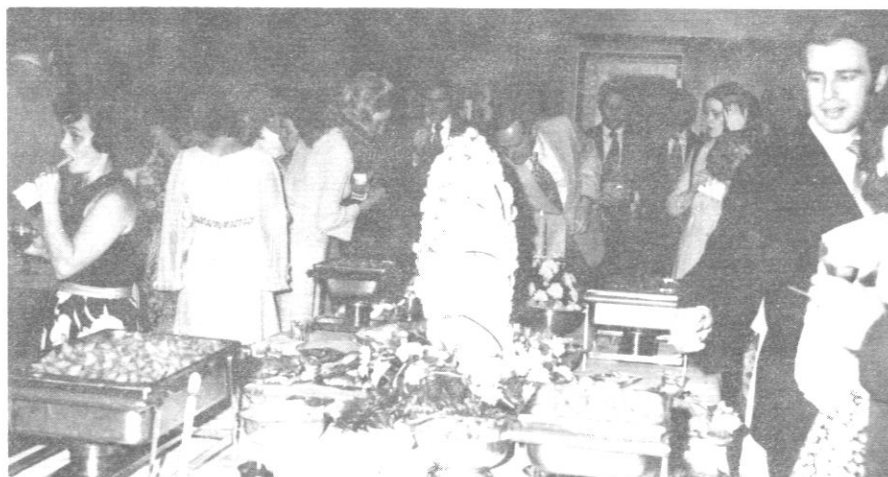
The crowd enjoys cocktails before dinner



Cdr R. Fine & LTJG J. Trinkwalder pose during the evening



LCDR Jim Wilder and date



The food was excellent; not an item was overlooked

## Sailor of the Month —

### May

Minos Demosthenes Generales, III



Mark Generales, Sailor of the Month for April, works in the Fiscal and Supply area of the Naval Hospital—Boston HN. Generales, who completed boot camp and HCS at San Diego, has been stationed here for eighteen months and plans to finish his active duty service in July. He enjoys snow skiing, backpacking, sailing, and water sports.

Generales enjoys the aspect of his job that keeps him frequently outdoors and feels that a positive area of Fiscal and Supply is the consistency of supervisors.

## Join the Payroll Savings Plan.



Build a nest egg.

Take stock in America.  
Buy U.S. Savings Bonds

## VA NEWS

College graduates have an average lifetime income that is \$237,000 more than persons with only a high school diploma—\$608,000 compared to \$371,000.

The earning averages from Department of Labor studies were pointed out by Administrator of Veterans Affairs Donald E. Johnson in urging the use of G.I. Bill training by Vietnam veterans.

Under the G.I. Bill, school-bound single veterans receive \$220 a month for full time training, up to a maximum of 36 months of school attendance, or a total of \$7,920. The monthly allowance is increased for veterans with dependents.

The G.I. Bill has other features. Veterans enrolled in high school studies also receive monthly allowances without a charge against basic eligibility, so that full G.I. Bill entitlement is retained for college attendance.

Those veterans in college on a half-time or more basis can now be tutored. Under the G.I. Bill, VA will pay veterans up to \$50 a month for a maximum of \$450 for tutorial assistance. Again, there is no charge against the veterans basic entitlement, Johnson pointed out.

Details are available at any VA office, or from the various veterans service organizations.

The Veterans Administration, mindful of the spring home-buying season, cautions veterans, with thoughts of selling homes purchased with G.I. home loans, to get "release of liability" from VA if the loan is assumed by the buyer.

Loan guaranty officials explained that unless a veteran asks for and receives a "release from liability" from the VA office which guaranteed his home loan, he will be liable for payment in the event of default by the purchaser.

Getting a "release from further liability" is simple, officials noted, provided certain conditions are met:

- the veteran's loan must be current.
- the purchaser must agree to assume the veteran's liabilities.
- the prospective purchaser must be a good credit risk.
- income must be sufficient to cover payments on G.I. loan.

It was pointed out, however, that a "release of liability" does not automatically restore G.I. loan entitlement the veteran used to purchase the home he sold.

VA may restore entitlement only under certain conditions — mostly those which the agency considers "compelling reasons" for disposing of the property.

At any rate, officials urged veterans who plan to sell G.I. homes (subject to the veterans' mortgage) to apply for a "release" from the VA office which guaranteed their loans before finalizing sales.

### Editorial

## A Lifetime Obligation

What is the meaning of a commission in the U.S. military service? Upon being commissioned in the armed services of the United States, a man or woman incurs a lasting obligation to cherish and protect the country and to develop within themselves that capacity and reserve strength which will enable them to serve its aims and the welfare of fellow Americans with increasing wisdom, diligence, and patriotic conviction. This is the meaning of the commission. It is not modified by any reason of assignment while in the service, nor is the obligation lessened on the day an officer puts the uniform aside and returns to civil life. Having been specially chosen by the United States to sustain the dignity and integrity of its sovereign power, officers are expected to maintain themselves, and exert their influence for as long as they live that they will be recognized as a worthy symbol of all that is best in the national character.



# HOSPITAL CORPS CELEBRATES DIAMOND ANNIVERSARY



HMC Morong is presented the Navy Achievement medal by Capt Scott Kramer.



This year's Hospital Corps Birthday Ball was held in mid-June at the Chateau deVille in Saugus. Approximately 200 people turned out.

The evening began with cocktails and entertainment provided by the Naval District Combo from the Naval Annex. The sit-down meal was prime rib of beef served with all the trimmings. The cake-cutting featured HMC Lobley, who has been in the Corps the longest, and HA Jack Marshfield, the newest corpsman to report aboard.

Early Sunday morning the ball broke up. Everyone left with a feeling of togetherness or wholeness as a part of a great corps of men and women.



Mrs. Morong is made honorary fire chief



HMC Baily and his wife



HM1 Rodenbeck and wife



Mrs. Barbara Henderson and LTJG Todd

## RED CROSS NEWS



Two new and pretty faces have joined the ranks of the American Red Cross here at Naval Hospital Boston.

Gayle Motley, from Richmond, Va., graduated from Radcliffe College with a degree in Sociology. Through summer jobs as a nurse's aide, Gayle began to enjoy working with people and will continue to do so here as a social worker. She enjoys traveling, handicrafts, boating, swimming, and water skiing.

Emily Drewes will be in the recreation department and is well qualified for this sort of work. She earned her undergraduate degree in health and physical education at Slippery Rock State College. Living in Pittsburgh most of her life, she has spent the last three years in St. Thomas, Virgin Islands, as a teacher. Her main interests are meeting people, traveling, spectator sports, camping, hunting, fishing, and dancing.



Col John O'Conner poses with 2 Red Cross volunteers, Florence Guglielmo & Irene Toland, who also work in the Fiscal & Supply Division

## NUTRITION DEN

### FRINGE BENEFITS AT NO EXTRA COST! THE LABEL TELLS ALL—PART 1 OF A THREE PART SERIES

Have we made ourselves the prime target of the Quack and big companies? As Americans, we demand that which is not time consuming; our way of life is based on time. To the homemaker, the husband, and other members of the family, food preparation should not interfere with other activities. Therefore, more families resort to ready-to-eat, or heat and serve products. The quick and easily prepared meal became more and more essential with our rapid transport system. Realizing this, manufacturers beautified the labels on the shelves to entice consumers to try the attractively labeled products, thus fulfilling our demand.

Today we have another group of Americans seeking and demanding. This group consists of those who feel that the only way they can identify with the past is to return to its original hardships, therefore becoming the prime target of the Health or Organic Food Quack. This back-to-nature group has given rise to another enterprise for big profit at the expense of the consumer.

**Lack of instant cures for cancer, obesity and many other diseases;** we have again attempted to fulfill our needs through food. We are again showing our denial of illness, the uncritical belief in bizarre and unrealistic promises, and deep-seated mistrust of the medical profession and its methods of treatment. I have a firm belief that the sales pitch of the promoters would not make customers for quackery and food fads if there were not people with unfulfilled needs. This merchandise with its beautiful labels gives some relief, however temporary or imaginary, by offering hope where there had been despair and nihilism.

"In a society dominated by the scientific method, magic is not as far away as we would like to think. It is a background to which we are all heir and which we may be tempted to use in situations that are high in ambiguity and fraught with great threat." Often the old irrational ways are now apparent in a disguised form.

"It is a common saying that we are what we eat. If this is true, then Americans are becoming a nation of processed, packaged, and preserved people." Scanning labels carefully may make grocery shopping a bit more time-consuming, but it will enable the health-conscious consumer to become more knowledgeable about the foods you feed your family and yourself.

The Health or Organic phase has helped . . . To find out be sure to read next month's issue. When people are acutely aware of anything they may become overly preoccupied with it.

Did you know . . . "New items in the grocery store can be highly profitable, they also are risky. For example, out of every 100 new products offered to the consumer only 25 succeed at first with that number diminishing as years go by."

By Lt. Ruby Homyassi

### THE SHIP

I am standing on the seashore.  
A ship at my side spreads her white sails to the morning breezes and depart for the blue ocean. She is an object of beauty and strength; and I stand and watch her until at length she is only a ribbon of white cloud just where the sea and sky come to mingle with each other.

Then someone at my side says,  
"There! She's gone!"

Gone where? Gone from my sight—that is all. She is just as large in mast, and hull, and spar, as she was when she left my side; and just as able to bear her load of living freight to the place of destination.

Her diminished size is in me, not in her; and just at the moment when someone at my side says, "There! She's gone," there are other voices ready to take up the glad shout, "There she comes!"

And that is what men call dying!

—Anon

### The Association of Military Surgeons of the United States

Doctors, Dentists, Nurses, Dietitians, Therapists, Administrators, and Health Care Specialists: You may join and should join the Association of Military Surgeons. In this way, you become more familiar with health issues across the country. Some of the benefits are the annual convention, subscription to the Association's journal—**Military Medicine**, group insurance, text books at a reduced rate, and a chance to meet some new faces and learn new health care techniques in your field.



Information and applications are available from LTJG Petersen, Occupational Therapy, ext. 397.

## NAVY NURSE DAY AT STATE HOUSE

Lieutenant Governor Donald R. Dwight last week officially proclaimed May 13, 1973 as "Navy Nurse Corps Day" in the Commonwealth of Massachusetts. Navy representatives on hand at the State House ceremony were (l to r) Lieutenant Commander Ruth Purinton, Massachusetts Navy

Nurse Recruiter; Captain Larry Kelly, Naval Aide to the Governor; Commander Rachel Fine, Assistant Chief Nurse at Naval Hospital Boston; and Captain R. L. Alspach, Executive Officer of Naval Hospital Boston. May 13 was the 65th anniversary of the Navy Nurse Corps



## ASSOCIATE DEGREE COMPLETION PROGRAM

The Associate Degree Completion Program (ADCOP) has now expanded as a result of its success; and while competition remains at a very high level, availability of billets for ADCOP has been increased. It's been found that the strict "no waiver" policy for ADCOP eligibility may be precluding participation by deserving and competent individuals who do not totally meet the criteria set forth in BUPERSMAN 6630200, but who nonetheless possess excellent capabilities for success in the program. Accordingly, the Chief of Naval Personnel will consider waivers from those highly deserving ADCOP applicants who have demonstrated superior academic ability and motivation, but fall short of the eligibility requirements. A BUPERS NOTICE will be promulgated in the next several months to announce this change to past rigid procedures.

For Fiscal Year 1973, over 2600 applicants were selected for ADCOP. This is a fine opportunity for you to get that Associate's Degree while you are in the Navy. Check with your Education Office to see if YOU are eligible for this program.

## "THE BEANTOWN BEAT"

... by the sea

Seeing Boston means seeing the sea, feeling the salt spray and sighting the soaring gulls around Boston Harbor. A fleet of three U.S. Coast Guard approved vessels are maintained by the Massachusetts Bay Line to carry passengers on holiday excursions from Rowes Wharf.

Any day you can escape, join a cruise past the Boston Light, over to Hull, and around the point to Nantasket, where you'll find a sandy beach, lots of people, bathhouses and the famous amusement center, Paragon Park. Or see Boston, old and new on a never-to-be-forgotten harbor tour with a running commentary which affords you a "gull's eye view" of some of the city's most historic and important sights, then set your sail to the Outer Islands, where pirate tales and eerie stories of hauntings echo.

Landlubber luxuries on board include snack bars and rest rooms. A half-hour Lunch Boat jaunt departs weekdays at 12:15 and 1:15, and a cocktail cruise with entertainment sets sail Monday through Friday evenings at 5:30. For more information, phone 542-8000.

Bostonians are justifiably proud of the "New Boston," and approve of the way her skyline is constantly changing to meet the needs of today. As every Bostonian knows some things just don't change. Boston is a relaxing ride on the Swan Boats, which have been carrying riders around since 1877 when the Public Garden's duck pond was founded.

The ride is approximately 12 minutes and riders are romantics looking for a happy escape, secretaries and businessmen enjoying a noon time treat, life-long Bostonians seeking peace in the bustling city, and visitors who want to experience the real Boston. Children ride the boats to feed the ducks and pigeons, and perhaps meet the Mallard Family from Robert McCloskey's prize-winning picture book "Make Way for Ducklings." QUACK!



## CIVILIAN NEWS

### Civilian Awards-Presentations



Mr. Larry Kelly, Jr was presented his 35 year pin for Civilian Service



Mr. Frank D'Mato is presented a Civilian Service Award



Mr. Loren Lawrence is presented a Civilian Service Award



Mrs. Meg Clark, a nursing assistant, is presented a Civilian Service Award

## CONSTRUCTION

### PROGRAM FLOURISHES

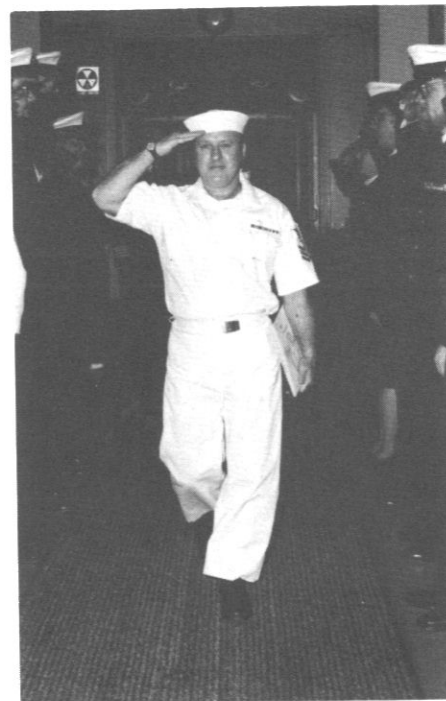
One of BuMed's biggest concerns in recent years has been the obsolete or inadequate buildings that house the Navy's hospitals. In the past three years, BuMed has made gigantic strides in acquiring funding for and construction of new hospital facilities.

Five hospitals are now under construction or recently completed, with five more planned for the near future. These are:

|  |         |
|--|---------|
| Naval Hospital, Charleston, S.C. ....                            | Jan 73  |
| Naval Hospital, Roosevelt Roads, P.I. ....                       | Feb 73  |
| Naval Hospital, Corpus Christi, Tex. ....                        | Apr. 73 |
| Naval Hospital, Submarine Medical Center, New London, Conn. .... | May 73  |
| Naval Hospital, Camp Pendleton, Calif. ....                      | Dec. 73 |
| Naval Hospital, Pensacola, Fla. ....                             | Future  |
| Naval Hospital, New Orleans, LA ....                             | Future  |
| Naval Hospital, Cherry Point, N.C. ....                          | Future  |
| Naval Hospital, Port Hueneme, Calif. ....                        | Future  |
| Naval Hospital, Orlando, Fla. ....                               | Future  |

Additionally, seven new dispensaries and dental clinics have been scheduled for completion or completed during the 1972-1973 time-frame.

## HMI Morency Retires



Donald Morency, Hospital Corpsman First Class, has retired after twenty years of excellent service. He worked as administrator of the rehabilitation unit, and helped out in the physical exam and emergency rooms. HMI Morency was presented a letter of appreciation by Captain Kramer. Following the piping-out ceremony was a cake-cutting.



READ the fine print as well as the headlines. The hidden clause in a contract could come as a surprise after you've signed a hastily scanned paper. Just as you scrutinized actress Michelle Carrey above, give those contracts your full attention.

## Food Service Picnic

In early June the food service division sponsored an outdoor bar-b-que during the regularly scheduled mealtime. According to LTJG Larry Seible between 900 and 1000 steaks were served. To complement the main dish was corn on the cob, steamed clams, baked potatoes, salad, rolls, watermelon, and soda. A rock band also played during the noon hour.



## New Wave Uniforms

HM1 Berman, HM3 Hanlen model the new enlisted corpsman uniform, recently authorized. This uniform may be worn with blue or white shoes. The ladies feel this uniform will make them more professional looking.



## DRINK OF MONTH

### IRISH HANDSHAKE

2 parts Irish whiskey  
1 part green Curacao . . . .  
1 part fresh cream . . . .



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Please forward all correspondence to the Gauzette, Naval Hospital Boston, Chelsea, Mass. 02150. All inquiries, comments, and articles are encouraged.

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Commanding Officer

**CAPT. R. L. ALSPACH, MC, USN**  
Executive Officer

**CAPT. J. M. SANDERS, MSC, USN**  
Administrative Officer

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## Snoopy, Inc.

What nurse has an enormous watch dog protecting her . . . Congratulations to ENS and Mrs Wheeler on their new arrival . . . There's only two MSC's left . . . What Ensign's "Mommy" sent him \$20.00 so he could go to the Hospital Corps Birthday Ball . . . Don't worry, someday she'll have a boy and you can buy your own son a football . . . What LCDR was shot down by a bus full of little old ladies . . . Congratulations to Dr. and Mrs. Maginnis on their new arrival . . . Who's quote, "Dear Ump de dump de dump" . . . Congratulations to Dr. and Mrs. Rade Pejic who spent a one-month honeymoon traveling throughout Europe . . . Have a good fishing trip? Who is "Data Dave" . . . Nice cast Larry . . . !! Snoppy bids afewell to all its faithful readers . . . What Personnel Officer goes to the post office twice a day to see if his orders have arrived? What department wants to drill a big hole in its floor to suck up the air conditioning from Patient Affairs below? . . . What officer had to borrow a hat to check out . . . Are there really two nurses on the nursing service softball team !! Congratulations to Carol and Franz . . . "nice bars Fred . . ."

## Sailor of the Month—

April



HN Robert Coulten from the Dependents Building was chosen "Sailor of the Month" for April